

Winter Camp Information

Last Updated Thursday, 14 January 2010

2010 Benet Baseball Winter Camps

About the Camps

The intention of the Benet Baseball Camps is to teach players sound fundamental principles that will help them improve as baseball players. We will also demonstrate to the campers the hard work that is necessary to make them successful baseball players. Our camps will be run by our varsity baseball staff and will include talks from some of our current players. Our players will offer tips and advice that have helped them advance to become varsity players. At the end of each camp we want each camper to have a better appreciation for the great game of baseball and leave with knowledge and tips so they can continue to improve once camp is over. In all our sessions we will break the campers into age groups so that we can tailor instruction accordingly. Each camper will receive a Benet Baseball T-Shirt.

Infield Camp

This camp concentrates on intensive infield teaching and drill work. We will work on the different types of ground balls and techniques for each infield position in the infield including turning the double play. This camp is a must for all infielders.

Open to players in 4th-8th grades

Hitting Camp

Each camper will have the opportunity to have each component of their swing analyzed. This camp will teach both the mechanics of the swing and the mental approach to hitting. We will take the hitter through drills that will develop more confident and efficient hitters.

Open to players in 4th-8th grades

Pitching Camp

During this two day camp, we will break down the mechanics of pitching and discuss the mentality of a successful pitcher. Our staff will take pitchers through a series of drills that will improve command, velocity, and control on the mound.

Father -Son Camps

These are designed to be great bonding experiences for fathers and sons in an environment of learning, playing, and just having fun being around the game of baseball together.

This camp will give young players drills that they can use away from the field to improve their game and for the dads, you will be able to take the drills and help assist your son master the game of baseball.

Open to all ages

Sessions and Times:

Father/Son Pitching Camp

Sunday February 7th

9:00 - 10:30 AM

Father/Son Hitting Camp

Sunday February 14th

9-10:30 AM

Father/Son Fielding Camp

Sunday Feb 28th

9-10:30 AM

Pitching Camp

Mon Feb. 15th & Tues Feb 16th

7:00-8:30

Infield Camp

Mon Feb 22nd

7:00-9:00

Hitting Camp

Weds Feb 24th & Thurs Feb 25th

7:00-8:30

2010 Winter Camp Application

Name _____

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CUT & SEND

Address _____
City _____ Zip _____
Phone _____
Email _____
Grade _____

_____ Infield Camp
Camp Fee \$30

_____ Hitting Camp
Camp Fee \$50

_____ Pitching Camp
Camp Fee \$50

_____ Father-Son Fielding Camp
Camp Fee \$40

_____ Father-Son Pitching Camp
Camp Fee \$40

_____ Father-Son Hitting Camp
Camp Fee \$40

_____ Sign Up for all 3 Father Son Camps and Save
Camp fee for all 3 total \$100

Make Checks Payable to: Jeff Bonebrake

Mailing Address:

Benet Academy
c/o Jeff Bonebrake
2200 Maple Ave
Lisle, IL 60532